



***Join us at the
Shore Region Networking Lunch***

February 6, 2020, 11:30 am–1:30 pm

Rooney's Oceanfront Restaurant
100 Ocean Avenue North, Long Branch NJ 07740

Business Ownership Inspiration



Is 2020 the year you start your own business? This is definitely a goal that can be achieved with the following:

- Inspiration
- Vision
- Business Planning
- Implementation
- Marketing & Promotion
- Assessing Results & Establishing Strategies for Growth

Jessica Conrad will inspire us with the story about her path to launching her business and where she's at today. Come be inspired.

Jessica L. Conrad is the owner of Awakenings Holistic Center in Monmouth Beach and is a Certified Life Coach. She has a Masters in Holistic Health Studies and Bachelors in Psychology from Georgian Court University. She has suffered from Stage IV Endometriosis since her early twenties and battled infertility for years. Jessica used all she had learned from school and life and became pregnant naturally. She now has a private practice where she works as an advocate and life coach for other women with reproductive disorders and diseases. She can be reached at jessica@jessicalconrad.com and via her website, www.jessicalconrad.com.

Prepare your 30-second intro, bring business cards, and look forward to meeting and networking with other women business owners from the area.

Register online at www.njawbo.org by 2/4/20: \$30 NJAWBO members; \$40 non-members

Walk-ins are welcome: \$45 at the door for all (accepting only cash or checks at the door)
